



Salha Khayyat
Interior Design

Miran Beach Sport Resort منتجع مران الرياضي البحري



Done By: Salha Ahmed Khayyat

CONTACT ME



ABOUT THE PROJECT

Miran is a beach sport resort on an island, providing various sports and beach activities, targeting **ADULTS** and **ATHLETES** or **SPORT TEAMS** in order to increase mental and physical health and well-being through **NATURE, SPORT** and **SOCIAL CONNECTION**.

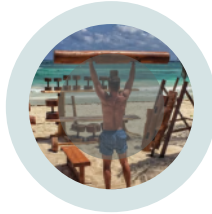
INSPIRATION



Seeing the sea and inhaling its air benefits the body and soul



Social relationships enhance feelings of happiness



Sports benefit the soul, body and society

PROJECT PROBLEM

80%



of Saudis do not exercise regularly

34%



of the Saudi adults suffer from mental illness

59%



of the Saudis are overweight or obese

SUSTAINABILITY OUTCOMES



STRATEGIES AND THEORIES

Active Design Guide Lines



Activity for all



Walkable Communities



Co-location of community facilities



Connected Walking and Cycling Routes



Active Building



Network of multi functional open spaces



High quality streets and spaces



Activity promotion & Local champion

Well Standards



Movement



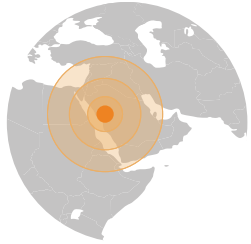
Community

Communal space

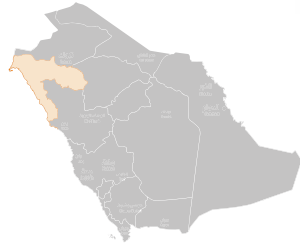
Communal space influences depression via relational and psycho-spatial pathways.

SITE STUDIES

Umm Sahar Island, Umluj, Tabuk Region, Northwest of Kingdom Of Saudi Arabia.



Saudi Arabia





Tabuk Region



Umluj



 The maximum temperature is 35 degrees in summer

 Minimum temperature 14 degrees in winter

 The highest average humidity is 80% in September

DESIGN CONCEPT

Enhancing Human **Interaction** with nature, self and society, by **creating sports and social spaces** that enhance the cohesion of **the sports community** and stimulate physical activity, and inspiring from the surrounding

ARCHITECTURAL PROJECT

Arch.Omar Ahmed Basuwayl



Seagull



Dolphins



Coral



White Sands



Nature



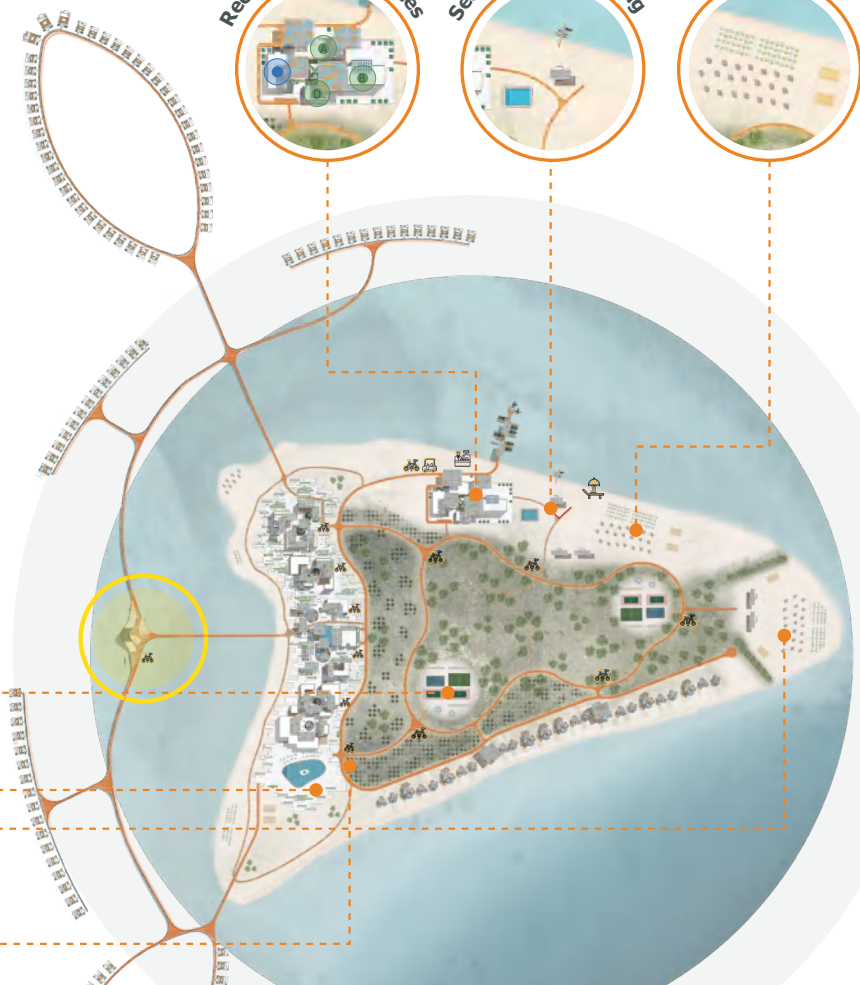
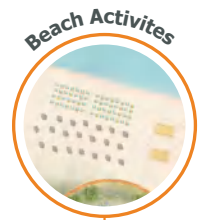
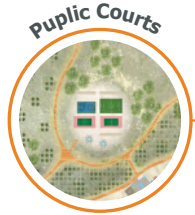
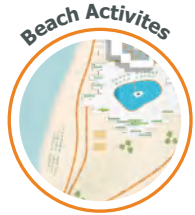
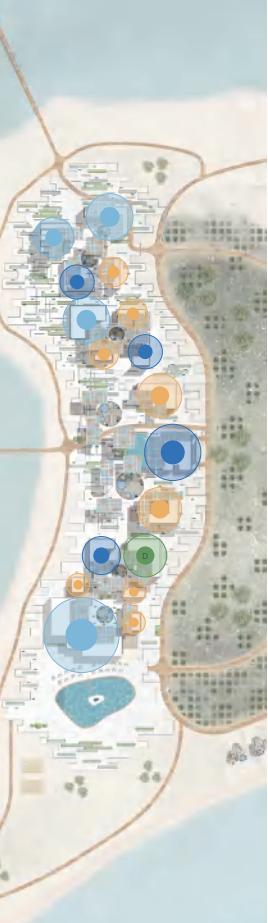
Sport



Community



Design Strategies Active Design Environmental Social

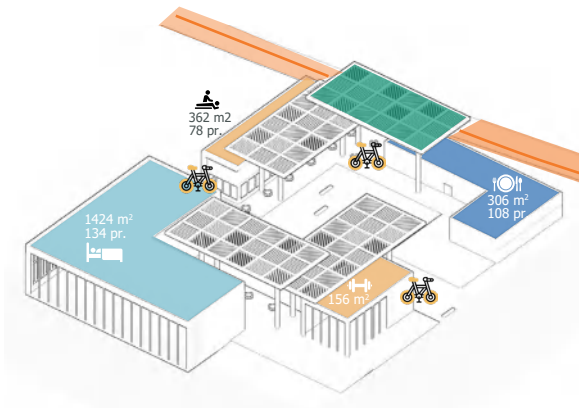


- Residence
- Health
- Restaurant
- Services



- Bike Parking & Rest Area
- Walk & Cycling Routes
- Beach Guests Trip Scenario
- Way Finding

THE VILLAGE



VILLAGE SITE PLAN



MOOD BOARD



Social Residential Building



Social Residential Building

Active Design Environmental Social



Gr Floor Plan

Communal Spaces



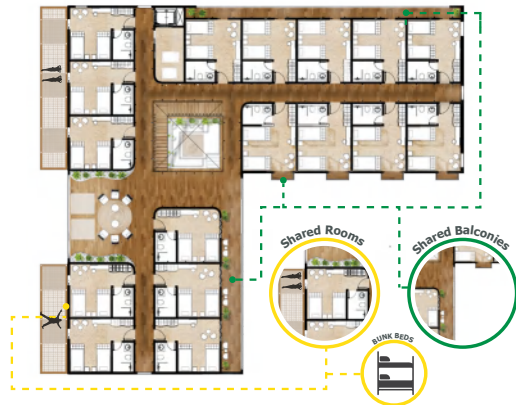
Shared Kitchenette



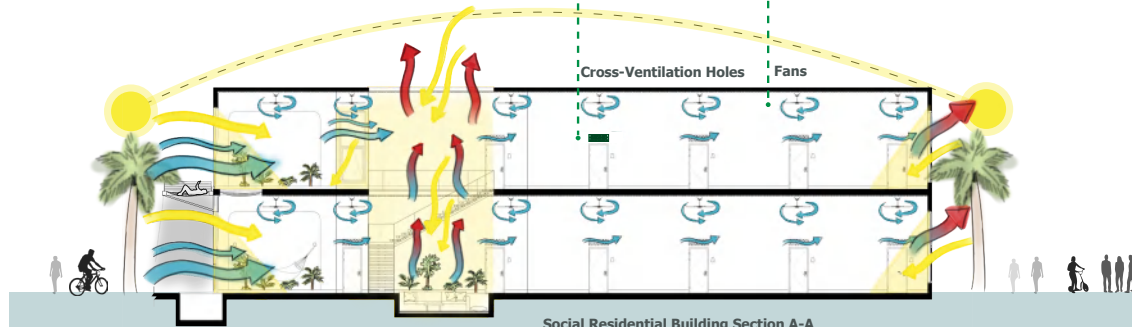
Welcoming Staircase



Exploiting the Stairwell



First Floor Plan



Food Market

Self-Service Food Market

Active Design Enviromental Social



Furniture Design

Casual Seatings



Group Table



Food Market Section A-A

GYM



GYM

Active Design

Environmental

Social

Pivolving Mirrors



Easy 2 way-Access



Gr Floor Plan

Group Workout



Natural & Healthy Materials



South Facade Shading

SPA



Calm and Peaceful



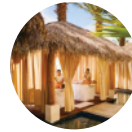
MOOD BOARD



Natural Elements



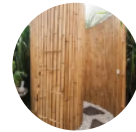
First Floor Plan



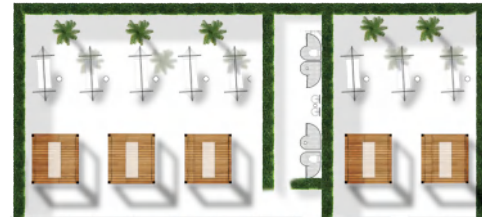
Massage Gazebo



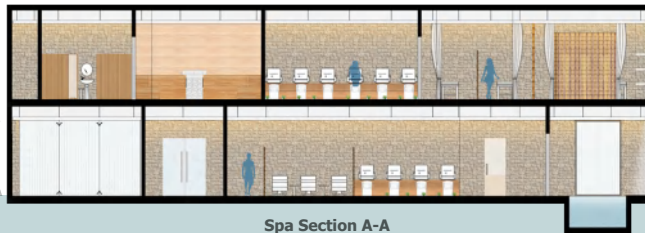
MOOD BOARD



Outdoor Showers



Gr Floor Plan



Spa Section A-A

